

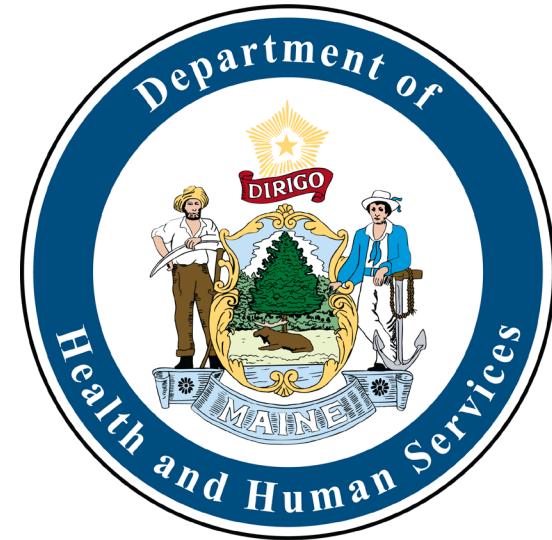
Housing Supports – Current Options and Future Ones under the Lifespan Waiver

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Let's Talk About Current Housing Support Options.



What are some resources that exist currently in Maine for people who want supported living in the community?

811 Project Rental Assistance (PRA) – A permanent supportive housing option for people with disabilities provided through a partnership between OADS and Maine State Housing Authority. Local housing authorities also manage PRA. In this model, the unit rents are subsidized so they are affordable to people at very low income.

Housing Choice Vouchers (HCV's) – more commonly known as Section 8 vouchers. These vouchers are administered by Maine State Housing Authority or an individual's local housing authority and these vouchers go to the individual. With an HCV you can seek community integrated housing and the voucher moves with you if you ever decide to move. Affordable rent limits for the vouchers are determined by HUD and can vary by county. There is also an HCV homeownership program.



What if you or your family are interested in purchasing a home or maintaining the one you have?

Maine Housing also has programs designed to assist with home purchase, homebuyers' education and home accessibility upgrades.

All options above align with Supportive Living under Lifespan.



Current housing options under Section 21 and Section 29:

Home Support-
Daily Rate (Group
Homes)

Home Support –
15 minute units

Shared Living



Future housing options that will be available under the Lifespan Waiver

Home Support-
Daily Rate (Group
Homes)

Supported Living

Shared Living-
Related and
Unrelated

If your vision for a good life includes:

Having technology to help me do things and be more independent while still being safe

If your goals and desired outcomes from services include:	If you have these kinds of needs:	Lifespan Waiver Service can help:
<p>Having tools that help me do things. Some tools I might carry with me, and some tools might be installed in my home or work.</p>	<ul style="list-style-type: none">• Challenges being more independent• Don't want to have to rely on other people	<ul style="list-style-type: none">• Assistive Technology• Adaptive Aids
<p>Being home during the day or night without staff present but having someone to reach out to if I need help.</p>	<ul style="list-style-type: none">• Ability to reach someone right away with a question, concern, or issue• Someone to know something is wrong even if I can't tell them• An instant response and someone nearby who can come if I need them	<ul style="list-style-type: none">• Remote Monitoring• On-Call Response

If your vision for a good life includes:
Having a place of my own, with a support provider and housemates I choose

If your goals and desired outcomes from services include:	If you have these kinds of needs:	Lifespan Waiver Service can help:
<p>Having a good plan for the kind of home I want, how I will afford it, and how I will find it. Some help to find the right home for me.</p>	<ul style="list-style-type: none"> • Help from someone who knows a lot about housing and my disability so that I can figure out what I need and want • Help finding the housing options available in my community 	<ul style="list-style-type: none"> • Housing Counseling Services
<p>To get set up in my new home and have a way to cover the costs of doing this.</p>	<ul style="list-style-type: none"> • Help paying for things like the security deposit, start-up costs for utilities, furnishings and other basic home supplies for the home that I found 	<ul style="list-style-type: none"> • Housing Start-Up Funding

If your vision for a good life includes:
Having a place of my own, with a support provider and housemates I choose (2)

If your goals and desired outcomes from services include:	If you have these kinds of needs:	Lifespan Waiver Service can help:
<p>A home that is accessible and safe for me.</p>	<ul style="list-style-type: none"> • Remove the barriers due to my disability in the home that I live • Put in things to address safety challenges due to my disability 	<ul style="list-style-type: none"> • Minor Home Modifications
<p>A home that is leased to or owned by me directly so I can change service provider and not have to move out of my home.</p>	<ul style="list-style-type: none"> • A service that supports me with everything related to living in a place of my own • Staff support based on my schedule, preferences, and needs – including in-person, remote support, and 24/7 on-call response 	<ul style="list-style-type: none"> • Supported Living Services

What does Supported Living look like under Lifespan?

- Supported Living allows individuals with disabilities to live in a home of their own.
- You may have a lease from a regular landlord or family member, or you may own the home.
- Supported living increases access to affordable housing and creates opportunities to develop relationships with landlords, mortgage lenders, etc.
- Supportive living is designed to create opportunities for people with disabilities to live in communities of their choice. It promotes choice, control, self-determination and inclusion.
- The separation of who owns or leases the home allows the individual to always have a choice of service provider. An individual can choose to hire a new service provider without having to move to do so.

Supported Living Services in Lifespan

Supported Living Services in Lifespan provide individuals with comprehensive services and supports, based on their preferences and needs.

- Individuals have their own customized Supported Living Plan based on what they need and want from the Supported Living Services provider.
- Technology in the home can also be used when staff are not physically present (called “Remote Monitoring” service in Lifespan)
- Assistive Technology and Adaptive Aids (also a service in Lifespan) can also be used (e.g. electronic medication dispenser, Ring doorbell, grab bars, automatic flush toilet, etc.)

Everyone has access to 24/7 on-call staff if needed. This is a requirement of the service.

How can someone get help to explore achieving a home of their own?

- Under the Lifespan waiver OADs will be partnering with providers who are interested in providing Housing Counseling Services (a new service in Lifespan).
- Housing Counseling Services include counseling and assistance to the individual, based on individual needs and a plan reflecting these needs.
- Housing Counseling services include assistance in identifying your housing goals and needs, understanding what housing assistance programs you are eligible for and assistance to find housing that meets your goals and needs. Someone who already has a home of their own can also use this service if they need resources of financial assistance to keep their home.
- Learn more in the [Concept Paper](#) for Lifespan.

What about accessibility?

In Lifespan, people who live in a home of their own can get Minor Home Modifications covered under the waiver.

This can address accessibility needs (e.g. ramp, walk in shower, widening doorways, etc.).



How are we moving forward with housing solutions?

The Department is working on a new housing innovation project to pilot 10 Accessory Dwelling Units.

This is through a partnership with WheelPad: [WHEELPAD | Your Home Accessible Now](#)



WheelPad – Your Home, Accessible Now

<https://youtu.be/lx74OFd6ZrM>





Closing Thoughts

If individuals are currently receiving housing supports under Waiver Sections 21 or 29, and they are happy with those supports, there is no requirement to move to the Lifespan waiver or change those services.

In addition to providing access to the same housing services offered in Waiver sections 29 and 21, Lifespan housing services **will**:

- Provide expanded options and increase your ability to choose the type of housing that works best for you.
- Help connect you to resources for affordable and accessible housing.

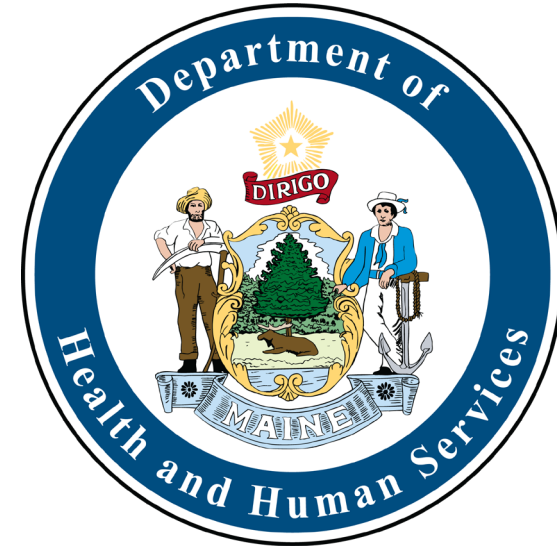
Questions

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