



SPIL Facilitation Outline

Maine State Independent Living Council (Maine SILC)
mainesilc.org

Development of the Three-Year
State Plan for Independent Living (SPIL)
2017, 2019, and 2016

Mission: The Maine Statewide Independent Living Council (SILC) is dedicated to ensuring that citizens with disabilities have control over their lives and environments and equal access to options, opportunities and choices, as do all citizens.

Maine SILC is an independent, federally mandated state council that advances Independent Living philosophy. It works together with the Centers for Independent Living (CILs). With the CILs and other statewide partnerships, it engages in and supports research, education, employment, community organizing, advocacy, and systems reform. The Council currently is writing its next three-year plan, and seeks your input on developing goals and objectives for the plan.

GOALS AND OBJECTIVES:

Identified areas of need:

- **Economic Self-Sufficiency**
 1. Do you currently have enough income to meet all of your needs?
 2. Do you have a savings account?
 3. Do you need assistance with budgeting or managing your finances? Are you aware of the resources for getting assistance (if so, what are they)?
 4. Do you have access to/are you able to use the financial services in your community? What would make financial services more useful/accessible?
 5. What else needs to be done to support personal money management? economic self-sufficiency?

- **Employment**
 1. Are you currently employed? looking for work?
 2. Are you satisfied with your current employment status/situation?
 3. What kind of services have/do you access for support gaining and maintaining employment?

4. What services/resources have been most helpful to your employment process?
5. How could employment prospects/the employment experience be improved?

- **Education**

1. Are you currently in any education/training program?
2. Have you been able to receive the education/training you need/desire? Has it facilitated your employment goals?
3. What services have/do you rely on for support accessing education/training?
4. What services/resources have been most helpful in accessing education/training?
5. How could access to education/training be improved? specifically to support employment goals?

- **Transportation**

1. How do you view the accessibility of transportation in the area where you live?
2. Do you view lack of accessible transportation as an issue? In what regard is it the greatest barrier?
3. What is needed to improve transportation in your area?

- **Housing**

1. Do you have adequate, accessible housing?
2. What resources have/do you use to maintain housing?
3. What do you identify as housing issues for people with disabilities in your area?
4. What needs to occur to improve housing issues for people with disabilities in your area?

- **Nursing Homes and Other facilities**

1. Do you know someone who is living in a nursing home or other facility, but would like to be living independently?
2. What can be done in your area to ensure that people who want to live independently are able to do so?

- **Transition (from nursing home/institution, from high school)**

1. Have you been supported in transition to community living? How many received services to leave a nursing home or other setting? how many had a transition plan as part of an IEP?
2. What was your transition experience like? Did you receive adequate supports?
3. What was most helpful about any services/supports received?
4. What needs to be done to improve transition from institutions? to improve post-secondary transition?

- **Emergency Planning and Preparedness**
 1. Do you have a personal emergency preparedness plan?
 2. Do you need assistance with developing an emergency preparedness plan? Are you aware of the resources for getting assistance (if so, what are they)?
 3. What would you find most helpful in preparing the plan?
 4. To what extent has your community addressed access during local/regional emergencies?
 5. What needs to be done for your community to be more prepared to support individuals with disabilities during times of local/regional emergencies?

- **Other Areas of Concern**
 1. Do you have other areas of concern regarding accessibility for people with disabilities?
 2. Do you feel that the SILC should include other goal areas? If so, what are they?

OPEN COMMENTS:

Additional comments can be sent to Maine SILC, PO Box 517, Raymond, ME 04071 or to collinsjr97@gmail.com. A [survey](#) for your input also is available.