

Maine and New Hampshire

S E R V I N G



Living Innovations is an agency with a passionate mission: to offer creative, flexible, caring and affordable support for people.

At Living Innovations, we recognize and celebrate each individual's unique personality, capabilities and hopes for the future.

We encourage you to contact one of our branch offices to learn how Living Innovations can enhance your family's independence and quality of life.

OFFICE LOCATIONS

Portsmouth, NH
603/430-5430

Windham, NH
603/893-7286

Augusta, ME
207/622-4350

Machias, ME
207/255-3733

Exeter, NH
603/418-3799


Bangor, ME
207/992-2700

Saco, ME
207/282-3311



Helping people with disabilities
and their families
lead full and happy lives




Living
Innovations®


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Innovations®



We recognize that people with disabilities and their family members want the same things in their lives that we all seek — close relationships, connections to community, satisfying work, and a pleasant home.



Since 1997, Living Innovations has helped hundreds of individuals, and their families, as they have strived to lead lives that are rich, meaningful and happy.

"...s, there's no one just like me... Yet as different as we are, we're still the same." —John

I want a job

Going to work is one of the best parts of my life. The people there are really nice and doing a good job makes me feel proud. The money that I earn means that I can buy the things I want.

We help people to set job goals, develop the needed skills, and then to go out and find their job. Follow up coaching is provided as needed. Many of the people we support are gainfully employed.

I want to finish school and live life on my own terms

High school has been great, but soon it is going to be time to move on. The things that I am thinking about most are getting a job, finding a place to live and all the day-to-day stuff like taking care of the place and myself and managing my money. It's scary and cool at the same time.

We work with students, their families and their schools to facilitate a successful transition from being a teen to being a young adult. Developing skills such as communicating clearly, solving problems, keeping one's house clean and using public transportation help to prepare teens for the next phase of life. The goal is for them to feel confident and at home in the world.

I want to be connected to my community

It's boring to sit around the house. What I love is getting out and being with people. Helping at the soup kitchen, going to the library, dances, art class — those are some of my favorite things to do.

We help people to get connected to events, activities, interests and other people. The net result is that everybody benefits. As Patch Adams said: "We can never get a re-creation of community and help our society without giving our citizens a sense of belonging."

We want a full family life

My daughter has always lived at home with me, but she is a young adult now and I won't always be available to help her. I want to know that she will be able to live a good life not dependent on me.

We help families plan for a future in which they know their loved ones will be well cared for. We also offer a range of respite options so that everybody can have a change of pace when needed. Our aim is to help everybody in the family have the quality of life that they aspire to.





Let's talk. Our professionals have the skills, the training, and the heart to look at the big picture, and put in place whatever supports are needed to help people experience what we all want – a full and happy life.

Find out more at LivingInnovations.com



"Rejoicing in the difference"

I want to live in a pleasant home

A pleasant home is a place where I feel comfortable and in control. I want to live with my family or people that I choose to live with. I want my home to be clean enough to be healthy and messy enough to be happy. It is my refuge from the outside world where I can be 100% me.

We help by matching people with roommates or host families and always strive for a perfect fit. If it doesn't work out the first time, we keep on trying. We also provide support for those who choose to live independently.

I want friends

Friends are people who stand by me and I stand by them no matter what. I pick them up when they're down, and dust them off. And they do the same for me.

We help to facilitate friendships by giving people opportunities to attend social and recreational events, providing access to transportation and developing leisure interests.

