

Birth

Prenatal/Birth

- [Testing identification](#)
- [Evaluation](#)

Childhood Diagnosis

- [Screening/well child checkups](#)
- [Referral to specialists](#)
- [Testing](#)
- [Case Management & development of IEP](#)

Early Intervention

- [Early intervention & early advocacy](#)
- [Family support groups](#)
- [Child Development Services \(CDS\)](#)
- [Sibling advocacy](#)

Age 0-5

Childhood Funding

- [Apply for MaineCare](#)
- [Apply for Katie Beckett](#)
- [Office of Child and Family Services—Children's Behavioral Health Services:](#)
 - [Programs and services \(including Section 28\) Resource list](#)
 - [Rights of recipients](#)
 - [Grievance policy](#)
- [SSI \(Supplemental Security Income\) vs SSDI \(Social Security Disability\)](#)

School Years

- [Maine law—Education and children with disabilities](#)
- [Determination of eligibility](#)
- [Develop IEP \(Individual Education Plan\)](#)
- [School rights](#)
- [IDEA – Individuals with Disabilities Education Act](#)
- [IDEA-Summary of Performance](#)
- [Least restrictive environment/ Free & appropriate education](#)
- [Establish a Special Needs Trust](#)

Age 5-21

Transition to Adulthood

- [Begin transition plan at age 14](#)
- [Case management plays pivotal role in transition planning](#)
- [Lifespan Transitions – Ohio Center for Autism and Low Incidence](#)
- [What makes sense for transition:](#)
 - [Supported employment while in high school](#)
 - [Employment First Maine](#)
 - [Fostering self-determination](#)
 - [Practice self advocacy](#)
- [Transition from Office of Child and Family Services \(OCFS\) to the Office of Aging and Disability Services \(OADS\)](#)
- [Transition supports in Maine](#)
- [Discuss/apply for guardianship at age 17](#)
- [Healthcare transitions](#)
- [Planning for the future checklist](#)
- [Transition resources](#)

High School Years

- [Medicaid \(MaineCare\) waiver while in school](#)
- [In general, advocate for child to remain in high school as long as feasible/possible.](#)
- [Supported decision making](#)

Age 14-21

Transition to Post Secondary Education

- [Assistive Technology](#)
- [Supports in College \(accommodations not modifications\)](#)

Age 18+

Adult Services—Housing

- [Housing Options](#)

Adult Services—Support Services

- [DHHS—Office of Aging and Disability Services](#)
- [Apply for Section 29 & 21 Medicaid waivers](#)
- [Section 29 Toolkit](#)
- [Medicaid/MaineCare](#)
- [Case management](#)

Adult Services—Independence

- [Supportive Decision Making \(Guardianship/or alternatives to guardianship\)](#)
- [Natural Supports](#)
- [Self advocacy](#)
- [Self-Determination](#)
- [Community Inclusion](#)
- [Disability rights in Maine](#)
- [Person Centered Planning](#)
- [SSI \(Supplemental Security Income\) vs SSDI \(Social Security Disability Insurance\)](#)
- [Steps towards independence checklist](#)
- [ABLE Act](#)

Adult Services—Employment

- [Vocational Rehab](#)
- [Employment](#)
- [Ability to work & continue receiving benefits](#)

Geriatrics

- [Supports for aging](#)
- [Parents as caregivers](#)
- [End of life care](#)