

# CREATING A DEMENTIA CAPABLE CARE PROGRAM FOR ADULTS WITH ID AND DEMENTIA WORKSHOP

Presented By: Kathryn G. Pears, MPPM  
Principal – Dementia Care Strategies

Kathryn Pears is a dementia expert with over 30 years personal and professional experience. She has a Master's degree in Public Policy and Management from the Muskie School of Public Service at the University of Southern Maine. Following a 15 year career with the Alzheimer's Association, Maine Chapter she started her own company, Dementia Care Strategies. Dementia Care Strategies trains and consults with families, health and long term care professionals and facilities, and aging and disability community agencies on the non-pharmacologic management of the challenging behaviors that occur with dementia. Ms. Pears has worked with numerous aging and disability-related state and national organizations presenting workshops on non-pharmacologic management of the challenging behaviors that occur with dementia. She is also a Master Trainer for the evidence-based Savvy Caregiver Program and was the Lead Trainer for the State of Maine's Savvy Caregiver Program. Kathryn is a member of the National Task Group on Intellectual Disabilities and Dementia's (NTG's) Steering Committee, and co-chairs their working group that has developed a national model curriculum on dementia-capable care for adults with intellectual/developmental disabilities, and is a Lead Trainer for the model curriculum. She is also a clinic coordinator for the American Academy of Developmental Medicine and Dentistry's (AADMD) new Project ECHO® ID and Dementia telehealth project that provides specialist consultation on ID and dementia to community providers in rural and underserved areas.

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## CREATING DEMENTIA CAPABLE CARE PROGRAM FOR ADULTS WITH ID AND DEMENTIA WORKSHOP

September 29, 2015  
8:30 AM – 4:00 PM  
Fee: \$25.00 per participant



Maine Developmental  
Disabilities Council

### Registration Form

<b>Name:</b>		
<b>Agency:</b>		
<b>Address:</b>		
<b>City:</b>	<b>State:</b>	<b>Zip:</b>
<b>Email:</b>		<b>Phone:</b>

Payment must be made by check and received by **September 22, 2015**

Please make checks payable to:

*Maine Developmental Disabilities Council  
225 Western Avenue Suite 4  
Augusta, Maine 04330*



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Presented By: Kathryn G. Pears, MPPM

**TUESDAY, SEPTEMBER 29, 2015**

**9:00 AM-4:00 PM**

**BANGOR SAVINGS BANK**

**5 SENATOR WAY**

**AUGUSTA, MAINE 04330**

Based on the concepts of the National Task Group on Intellectual Disabilities and Dementia Practices' (NTG) new national model training curriculum, this one-day workshop will present an introduction to the basic skills necessary for creating a dementia capable program for adults with ID who develop dementia or are at risk for developing dementia.

The workshop will be led by Kathryn Pears, MPPM, co-chair of the NTG workgroup that developed the new national model training curriculum and a lead trainer for the NTG's curriculum.

## Workshop Content:

- 🕒 From ID care to dementia capable care
  - Understanding the paradigm shift
- 🕒 Understanding dementia in adults with ID
  - What is dementia?
  - How does it present differently in adults with ID?
  - Down syndrome and Alzheimer's disease
- 🕒 Early detection and screening for dementia
  - Challenges and resources
- 🕒 Guidelines and protocols for establishing a diagnosis
  - Diagnostic overshadowing
  - Differential diagnosis
- 🕒 Understanding challenging behavior in ID and dementia
  - Best practices in non-pharmacologic interventions
- 🕒 Dementia capable residences
  - Adapting the physical environment to support functioning
- 🕒 Bridging the Aging and Intellectual Disability networks
  - Tips and strategies for building partnerships

## Who Should Attend?

This workshop is appropriate for any staff with direct or ancillary care responsibilities of older adults with intellectual and developmental disabilities in disability-related, health care, and aging-related agencies.

This educational opportunity is sponsored by the Maine Developmental Disabilities Council

There is a \$25.00 fee to attend this seminar. Space is limited to 30 participants. If you should have questions or to RSVP, please contact Angela Burgess at Maine Developmental Disabilities Council: 207-287-4213 or [angela.b.burgess@maine.gov](mailto:angela.b.burgess@maine.gov)

SCHOLARSHIPS  
MAY BE AVAILABLE

REGISTRATION  
8:30 AM-9:00 AM

WORKSHOP  
9:00 AM-4:00 PM

LUNCH PROVIDED

MAINE DEVELOPMENTAL  
DISABILITIES COUNCIL

225 Western Ave, Suite 4  
Augusta, Maine 04330

[www.maineddc.org](http://www.maineddc.org)

[207-287-4213](tel:207-287-4213)