



Creating Scaffolding- Building a Framework for Independence

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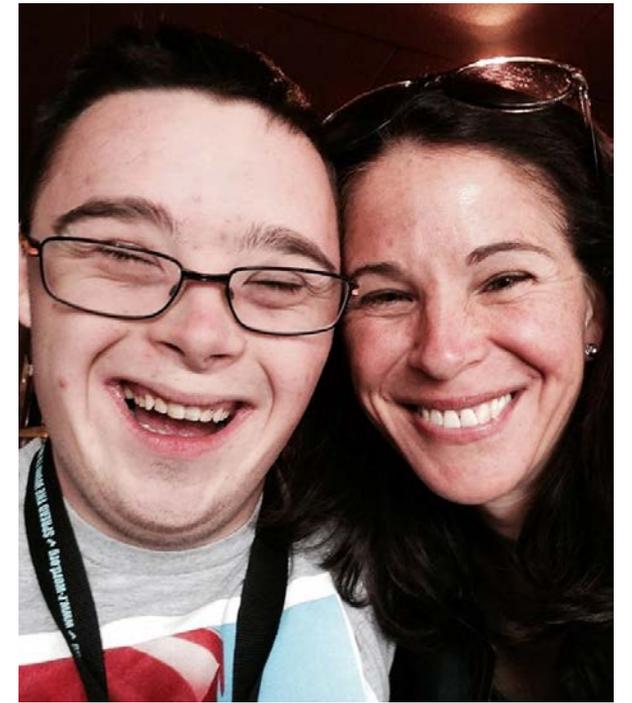


COMMUNITY PARTNERSHIPS

FOR PROTECTING CHILDREN

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Caleb's Mom



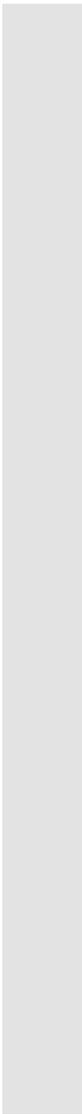
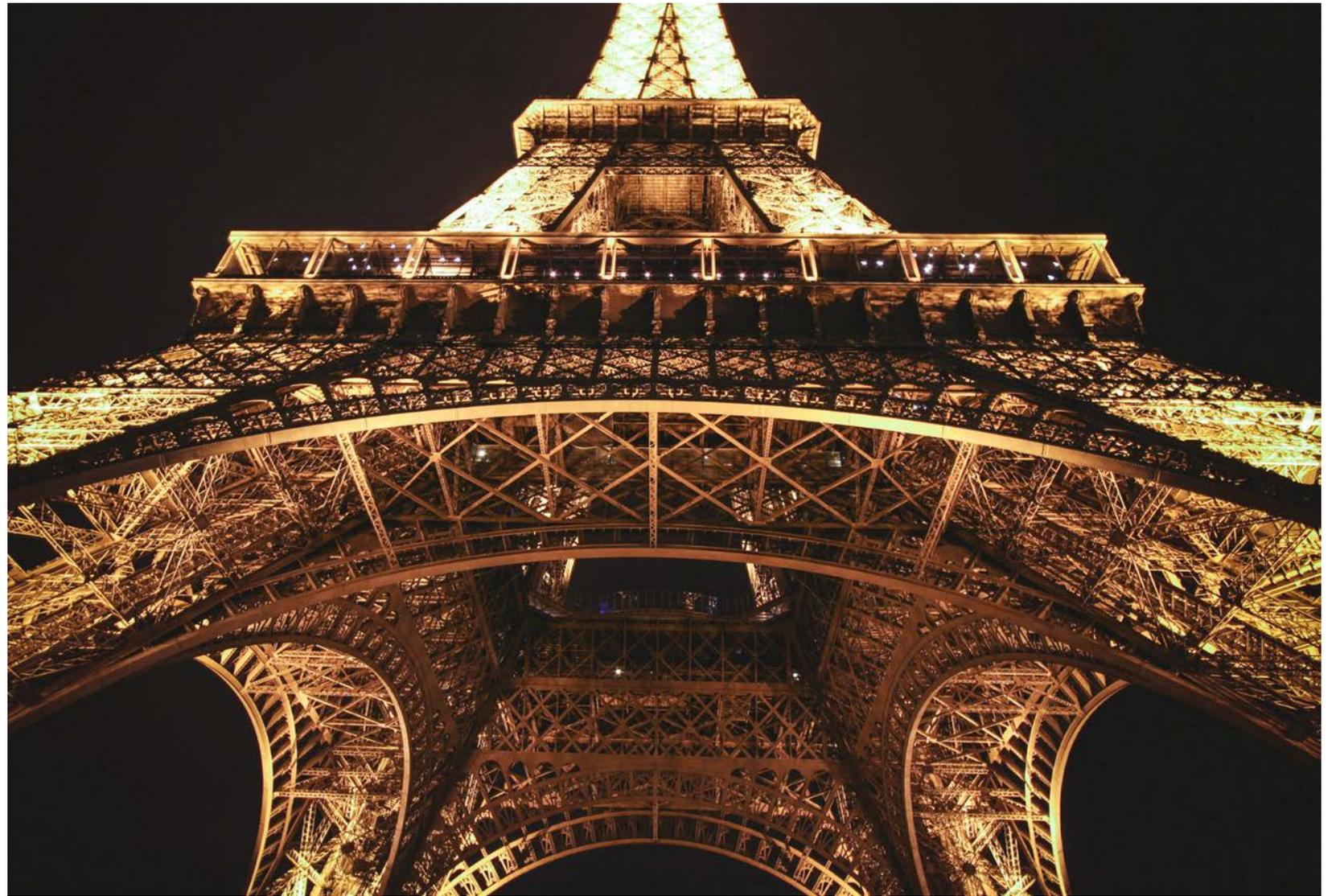
Scaffold:

A temporary or movable platform

A supporting framework

-Merriam Webster



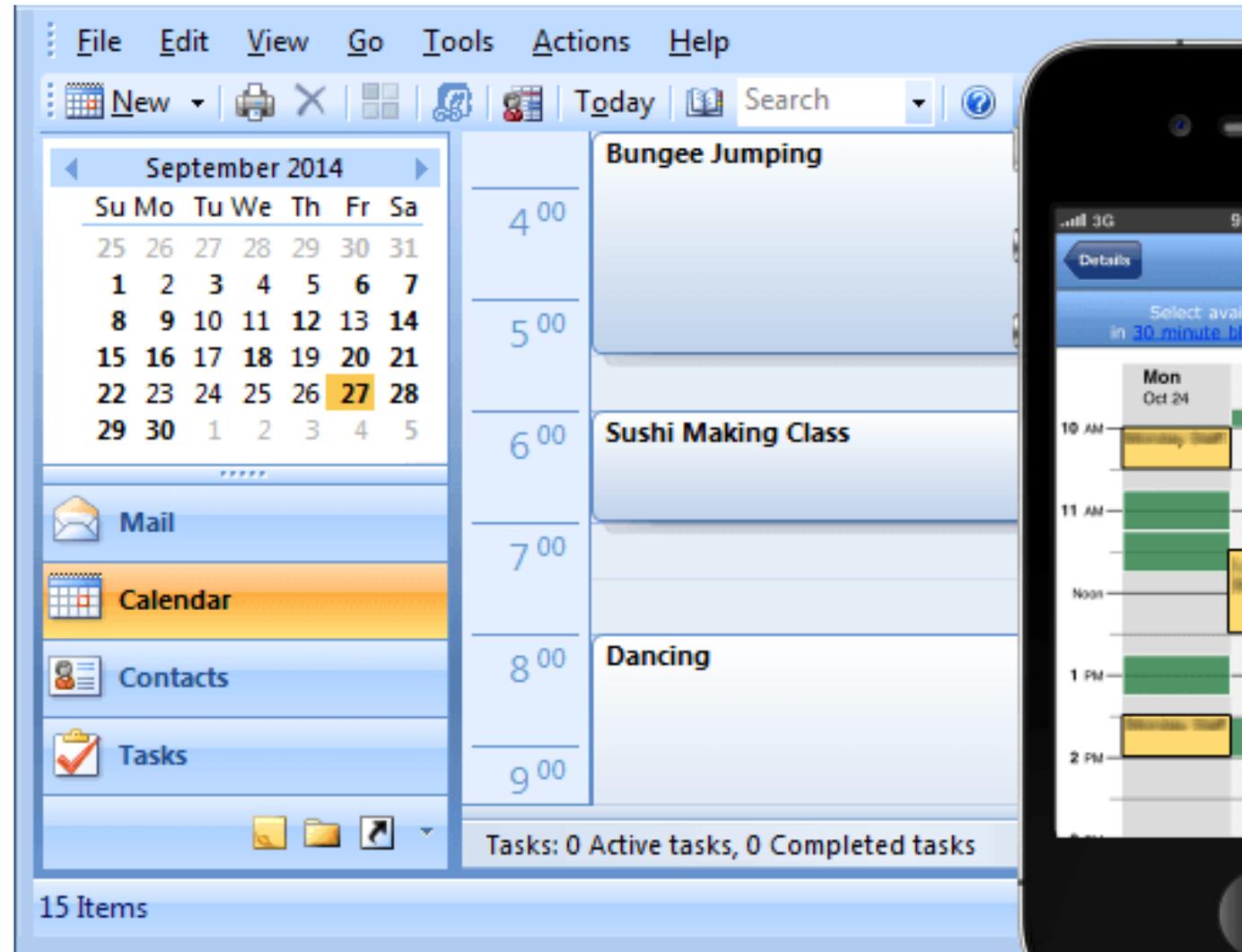




Establishing Routines

Daily/Weekly Schedule

Phone Calendar Alerts

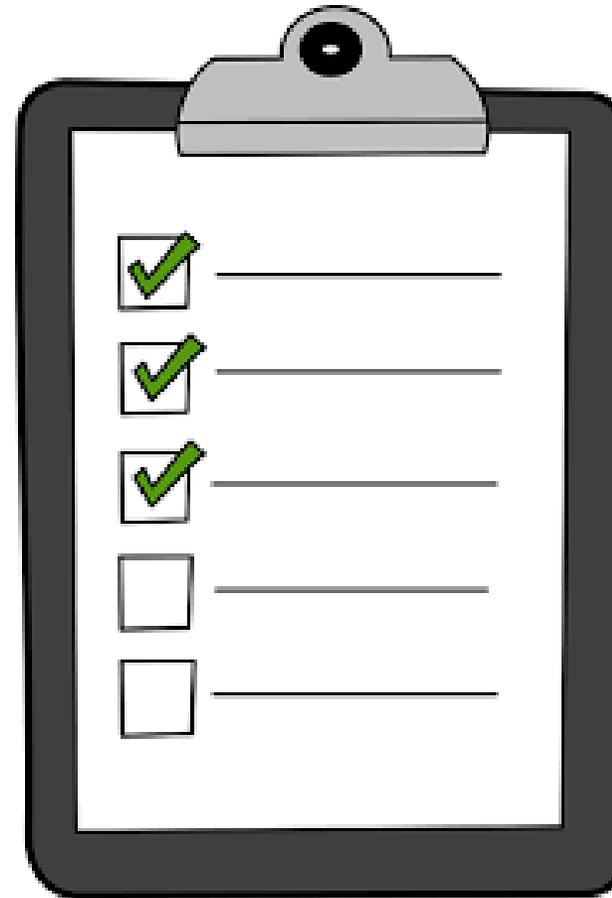


* Not his actual schedule

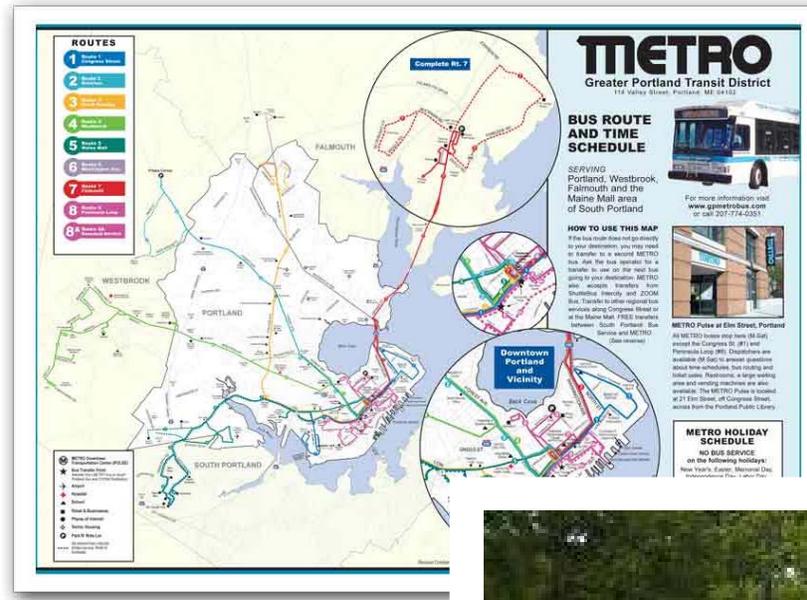
Menu Planning

	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28	Sunday 29
Breakfast	Bagel or French toast sticks Apple cider or Soy milk	Bagel or French toast sticks Apple cider or Soy milk	Bagel or French toast sticks Apple cider or Soy milk	Bagel or French toast sticks Apple cider or Soy milk	Bagel or French toast sticks Apple cider or Soy milk	Omelet with tomatoes, green peppers and onions, toast Apple cider	Bagel or French toast sticks Apple cider or Soy milk
Lunch	Roast beef sandwich with mayonnaise, salad with lettuce and grape tomatoes Apple mango juice or water	BLT sandwich with bacon, lettuce and tomato Apple mango juice or water	Roast beef sandwich with mayonnaise, salad with lettuce and grape tomatoes Apple mango juice or water	Left over stir fry and rice Apple mango juice or water	BLT or roast beef sandwich Apple mango juice or water	Out to eat with Marie Apple mango juice or water	PB&J Apple mango juice or water
Dinner	Ham steak, baked potato, asparagus Seltzer with cranberry juice or water	MEAL PREP: Baked turkey and stuffing, broccoli Seltzer with cranberry juice or water	MEAL PREP: Stir fry with chicken, broccoli, cauliflower, carrots White rice Seltzer with cranberry juice or water	Pizza with goat cheese, pepperoni, and green peppers Seltzer with cranberry juice or water	MEAL PREP: Chicken burrito (in recipe book) Water in bottle	Out to eat or turkey burger Seltzer with cranberry juice or water	Decide on Sunday

Checklists



Supported practice



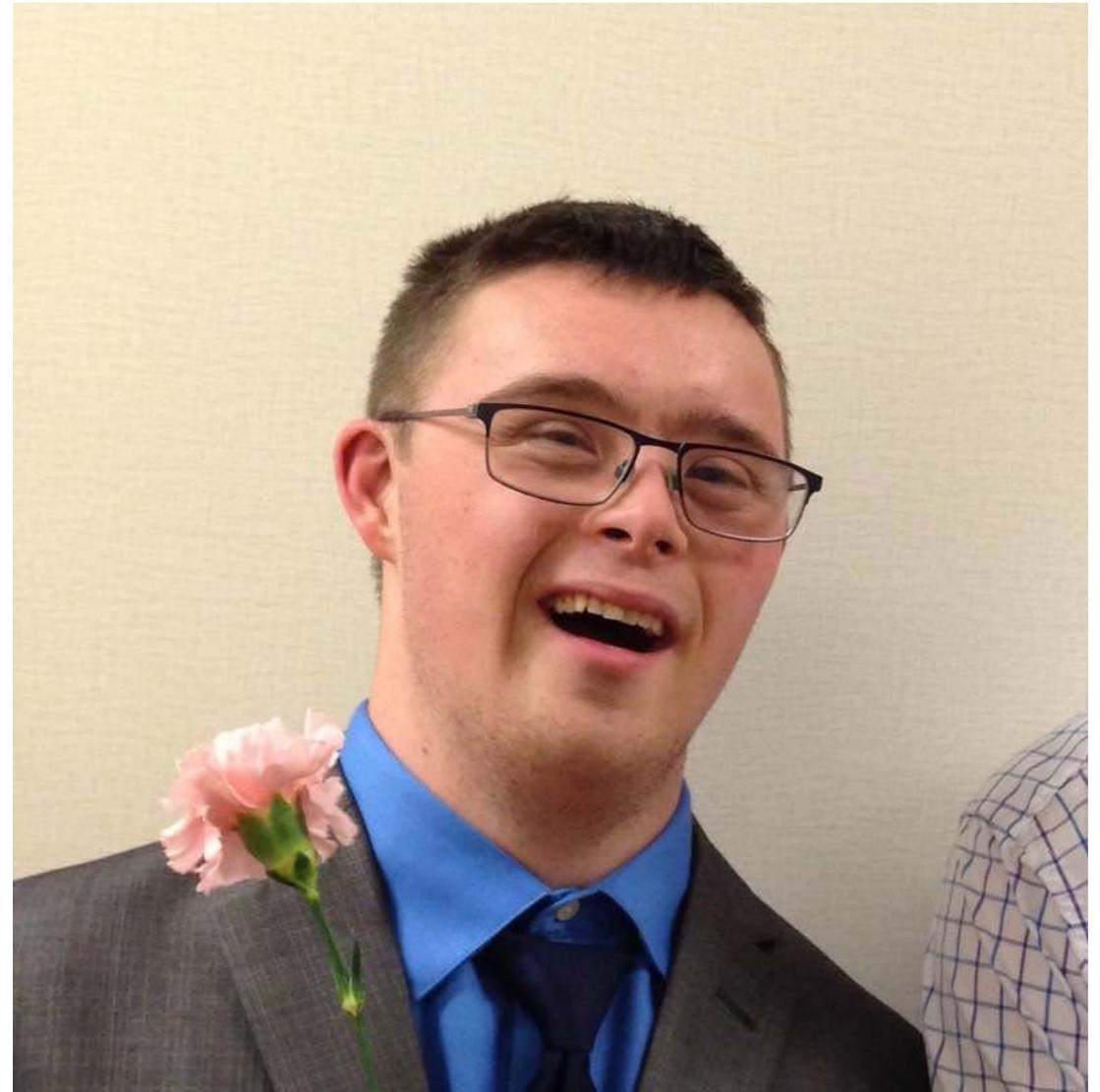
Caleb's advice

Stick to your plan in your own way

Family can help with challenges

Family can help you learn and grow as a person

All the skills we learn can make our dreams come true





GROUP DISCUSSION