

Intellectual and Developmental Disability (IDD) Services Status Update



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OADS: What We Do

Mission

We promote the highest level of independence, health, and safety for older adults and adults with disabilities throughout Maine.

Where We've Been

IDD/BI Programs Continue to Grow

Program	Members 10/1/19	Members 10/1/22
Brain Injury (18)	199	192
Other Related Conditions (20)	42	45
IDD (21)	3,186	3,337
IDD (29)	2,286	2,674
Totals	5,713	6,248

Members served grew by 9.4% from 2019 to 2022.

IDD/BI Program Expenditure Growth

Expenditures SFY 2019 Sections 18, 20, 21 and 29	Expenditures SFY 2022 Sections 18, 20, 21 and 29
\$472M	\$572M

Expenditures grew by 21% between SFY 19 and SFY 22.

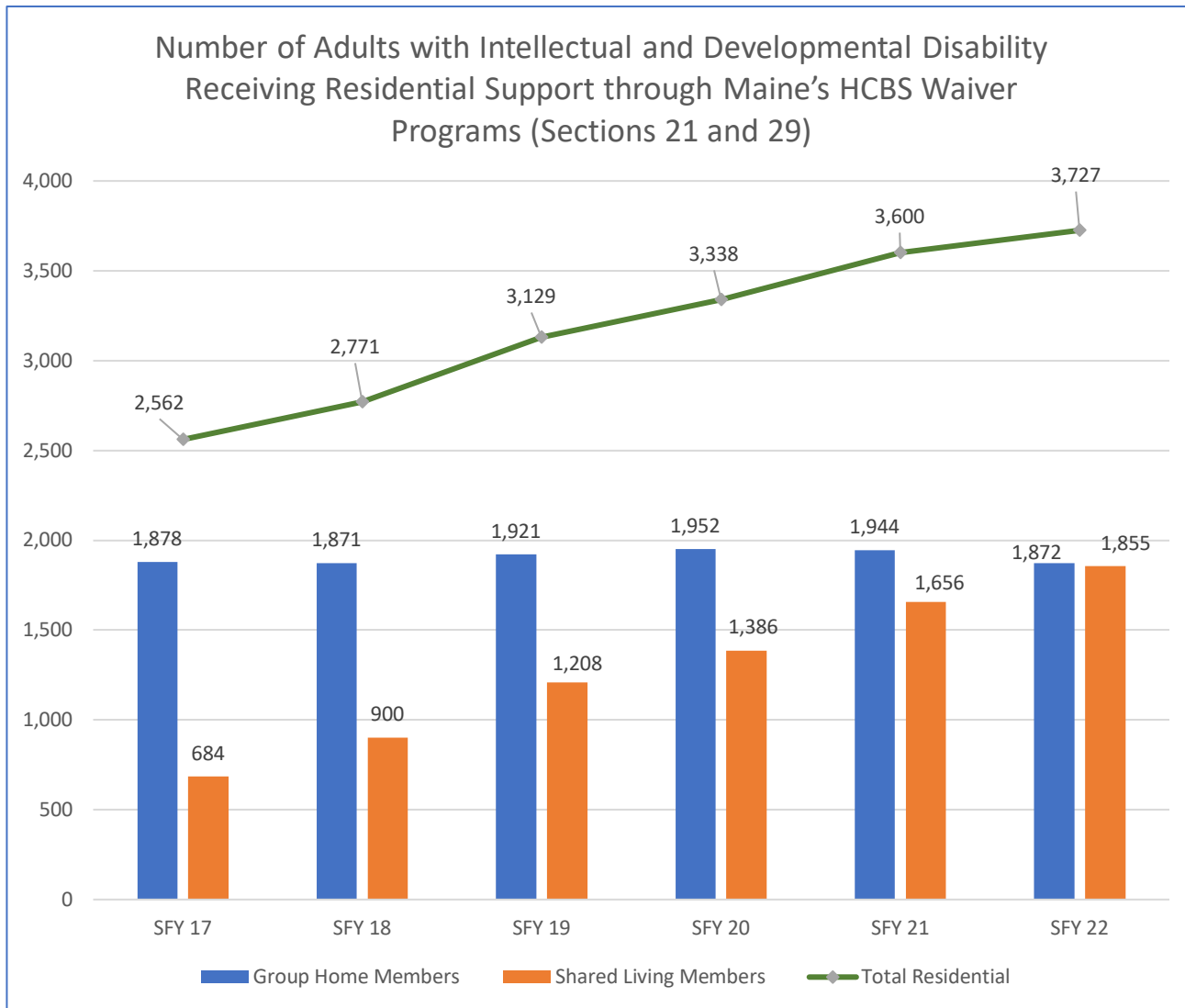
Recent Funding in SFY 2023

- \$5 million in one-time remediation grants to providers
- \$6 million in one-time payment to group homes
- 8.2% permanent COLA increase across waivers on 1/1/23 (an increase from the 4.9% originally projected)

Progress on Quality and Access

- Transition liaison positions created
- Aging and Disability Mortality Review Panel appointed; first meeting held
- 40 offers per month continue for Section 29, and priority 1 individuals continue to be enrolled in Section 21
- Self direction option added to Section 29
- Behavioral Health Action Plan

Residential Access



Vision

(from October, 2021 CHOMS Meeting)

- More **stability and sustainability**, as workforce solutions and program innovations are implemented
- More **equity**, as people with similar needs get similar levels of support
- More **balance** in the system, as shared living and innovative living arrangements grow
- More **integration** into the community, as opportunities for full membership grow and deepen
- More **individualized options**, as self-direction expands, and person-centered planning is renewed
- More **continuity**, as we improve lifespan transitions
- More **emphasis on quality** as program certification and training expands and alternative payment methods incorporate quality

Behavioral Health Review and Action Plan

- In an effort to address ongoing challenges, The Office of Aging and Disability Services (OADS) in Maine requested a stakeholder-based review
- Contract with the Institute on Disability, College of Health and Human Services at UNH
- OADS recruited volunteer participants to assist with data collection
- OADS representatives, Ann Klein and Dr. Beasley reviewed findings and recommendations
- Report summary presentation, report and Action Plan distributed by OADS: (see items ME205.1)
<https://www.maine.gov/dhhs/oads/about-us/initiatives/home-community-fmap-plan/innovative-service-delivery>

Aims & Questions to Address

Aim: Evaluate what is currently in place

How effective is the current community system of care in Maine in addressing the needs of individuals with IDD-MH? What is going well?

Aim: Learn how the service system can be improved

How can the existing service delivery system be enhanced to improve services and supports to individuals and their families?

Process & Data Collection Methods



April 2022: Project launch



May-July 2022: Data Collection

On-line Survey (n=254)

Focus Groups conducted virtually (n=11)

Family Interviews (n=28)



October 2022: Finalized report completed



November 2022: Presentation of findings and recommendations to advisory

Findings: IDD-MH Supports

- Many providers lack the training and expertise to effectively support people with IDD-MH
- Family caregivers need more information and coaching to better support their family members in the home
- Access to work and other community options is lacking for the IDD-MH population
- Lack of training and education of providers across the service system to better address mental health needs of people with IDD

Findings: IDD-MH Crisis Response

- Lack of options offered by current crisis response teams beyond a bed
- Lack of access to mental health services provided by the response team
- Lack of knowledge about the crisis response teams
- There is a need to increase access to crisis assessment, intervention and prevention support and reduce use of hospital emergency departments

Findings: Mental Health Service Needs

- Lack of availability of in-patient mental health services
- Polypharmacy
- Overuse of behavior management plans, monitoring only the most restrictive
- Behavior management plans used as a primary support for people with IDD-MH in the absence of other options
- Lack of access to outpatient mental health treatment overall
- Lack of trained and experienced mental health service providers

Actions to Improve the Effectiveness of
Services for Adults Who have Both
Intellectual and Developmental
Disabilities (IDD) and Mental Health
Needs

01/09/22

START Model Pilot Extension

Extend partnership with UNH to implement pilot of START model that includes IDD provider agencies

- Goal: Increase provider agency staff expertise and capacity by providing training on mental health and IDD practices
- START program involvement previously limited to state-operated crisis team
- Training will be available to provider agencies

Complex Behavioral Care Team Pilot

Complex Behavioral Care Team (CBCT) pilot with Maine Behavioral Healthcare's Glickman Lauder Center of Excellence in Autism and Developmental Disorders

- Goal: Keep individuals with significant behavioral needs in their homes
- Provide individuals and their provider agencies with wrap-around clinical support

Outpatient Services Through CCBHCs

Certified Community Behavioral Health Clinics (CCBHCs) are being developed through collaboration between OADS, Office of Child and Family Services, Office of Behavioral Health, and Office of MaineCare Services

- Goal: Improve access to outpatient behavior health services
- Expected to be state-wide
- Individuals who have both IDD and behavioral health diagnoses are included

Intensive Outpatient Program (IOP)

OADS is working with the Office of MaineCare Services to implement a new Intensive Outpatient Program (IOP) service under Section 65 targeted to individuals with IDD and behavioral health needs

- Adopted by MaineCare in November 2022
- Incorporates various IOP services to be covered and establishes requirements for new services

A Path for ME

Implementation of the Supports Intensity Scale (Sis-A[®]), which OADS is calling “A Path for ME”

- Based on a nationally validated individual needs assessment tool used in multiple states
- Includes a behavioral health module
- OADS will test the efficacy of the tool as an indicator for enhanced behavioral health supports
- An independent third-party vendor has been selected to administer the tool
- Individuals are invited and encouraged to have voluntary assessments beginning early in 2023

Stakeholder Engagement

OADS will engage in a year-long stakeholder engagement to update the process for development, implementation and monitoring of behavior plans

- Goal: Consensus as to how the process should be amended or replaced
- The process was originally adopted in 1987
- OADS' Chapter 5 rule (Regulations Governing Behavioral Support, Modification and Management for People with Intellectual Disabilities or Autism in Maine)

Ongoing Analysis

OADS will undertake an analysis of the use among individuals with IDD of psychotropic medication, emergency departments, and hospitalizations for psychiatric reasons

Innovative Services RFA

In late 2022, OADS issued a competitive Request for Applications seeking proposals for innovative services to promote independence among persons with disabilities, including innovative approaches to supporting individuals with IDD who have mental health needs

- The first round of awards have been made and will be announced shortly

Discussion