

## Information Sheet

What can organizations do better to support people with DD?

How do you support people to look for services they need?

What is helpful or not helpful when getting services?

**ThriveTogether** wants to find out!

Would you like to join in a group meeting to talk about this? If you can't make the group, we are also scheduling individual interviews to ask the same questions.

Some things to know:

- Each group of 6-8 people will last an hour and a half to two hours, and will be held in an accessible location.
- Each group will have a facilitator and/or co-facilitator to ask questions.
- Each group will have a note-taker who will record what is said in the group.
- Each group will have a counselor available outside the door for support.
- Answer only the questions that you feel comfortable answering.
- If you started to answer a question you can change your mind and stop.
- You can take a break or leave the group at any time.
- Some answers might be shared later but no names will be used.
- No one will know what you said and your services will stay the same.
- If our questions make you think of personal stories, please don't share them in the group. You can speak to someone outside the group if you want.
- We will keep what you say confidential unless there are safety concerns.
- There will be a consent guide to review before you agree to join the group or an interview.

- On the RSVP form you can request accommodations. We will ask if you want us to send you a reminder.

If you have more questions please contact:  
Sammy-Ellie MacKinnon at (207) 626-2774 Extension 260  
or email at [thrivetogetherme@gmail.com](mailto:thrivetogetherme@gmail.com)