



Integrated Studies Program

Jen Greslick, Program Manager, Integrated Studies





Saint
Joseph's
College
of Maine

Where community grows.



Mission & Vision

Saint Joseph's College of Maine, sponsored by the [Sisters of Mercy](#) and animated by the vision of Catherine McAuley, is a Catholic college in the liberal arts tradition distinguished by its welcoming community. We foster an ongoing dialogue between faith and reason so as to prepare our learners to live meaningful lives that improve the world around them. In fulfillment of its mission, Saint Joseph's College of Maine will be a diverse, inclusive, and collaborative community that forms individuals who practice humility, justice, and compassion, as Jesus did, in solidarity with the marginalized.

800

Undergraduate Students.
Approximately 79% live on
campus.

11:1

Student-to-Faculty Ratio.
Average class size is 14.

83%

Students participate in
experiential learning.



Undergraduate Programs

Business

Education

Health
Administration

Leadership for Sustainable
Development

Nursing

Science

Social Sciences & Humanities

Sport & Exercise Science

Theology



Integrated Studies





Integrated Studies

1

Academics - Students will audit 2-4 courses per semester related to their academic and employment goals. They will have access to trained peer tutors and academic coaching.

2

Employment - Students will explore career interests and learn employment skills through partnerships with Voc Rehab, SJC's Career Studio and other community/college partnerships. They will complete individualized internships with the ultimate goal of competitive employment in their area of interest.

3

Social Participation - Students can opt to live in dorms, eat at Pearson's & participate in campus and community activities like all Monks. Includes clubs, intramural sports, peer mentorships and community service.

4

Support - Student centered planning guides course of study as well as supports provided. Students will receive individualized supports from their Peer Partners, the IS Program Manager, SJC Accommodations Manager, their advisor, ACE, Career Studio, working with their Community Case Mgr & Voc Rehab.



Admissions Criteria 1

Demonstrate interest in pursuing higher education at SJC and gaining meaningful employment

- 01 | Be at least 18 at the start of the program
- 02 | Have a documented diagnosis of intellectual disability; IEP/504
- 03 | Have exited secondary institution with diploma, GED, certificate
- 04 | Prefer that student is own guardian; supported decision making
- 05 | Enrolled in Community Case Mgmt & OVR





Admissions Criteria 2

Demonstrate sufficient emotional stability, safety, and independent living skills to participate with minimal supports in all aspects of the Integrated Studies coursework and campus environment

- 01 | Sociable; able to handle changes in routine; can be flexible
- 02 | Not defiant toward authority; can take direction
- 03 | Demonstrates ability to accept personal responsibility for actions
- 04 | Has potential to be successful in competitive employment situations
- 05 | Has parents who will support their independence





Admissions Criteria 3

Have functional literacy skills and basic mathematics understanding (can use a calculator) and basic computer (laptop) literacy skills in order to comprehend basic safety signage, complete assignments with supports and navigate campus independently.

01 | Has their own cell phone; knows how to use it proficiently; understands basic phone/texting/messaging etiquette





Admissions Criteria 4

Have a strong desire to successfully complete the goals and course requirements set forth in the Individualized Integrated Studies Learning Agreement with minimal support

01 | Be able to appropriately participate in 75-minute classes with necessary accommodations/modifications.



Sample Learning Agreement for Audited Classes

Student's Name:
Professor's Name:
Semester:
Class Schedule:

Student's Email:
Professor's Email:
Course Title:
Office Hours:

Students in the Integrated Studies program audit up to four inclusive college courses per semester. Throughout these courses, students work towards their individualized learning goals. Students practice setting achievable goals and creating action steps to demonstrate progress. The goal areas are prioritized soft skills needed to be successful in a work and learning environment.

Learning Goals:

Students will identify five goal areas and a respective course activity to demonstrate that they have made progress toward each goal. Students will receive feedback at midterm and final on progress towards goals.

Learning Goal	Example course activity to meet goal
1.	
2.	
3.	
4.	
5.	

Example:

- Goal areas: Communication, social interaction, teamwork, self-advocacy, flexibility, initiative, motivation, problem-solving, following directions, stress management, staying on task, organization, attendance and punctuality, attitude, safety
 - Goal: I will improve my communication skills.
Activity: I will give a 5 minute presentation on topic X using the rubric provided.
-

Evaluation

1= Needs Improvement 2= Improving 3= Satisfactory 4= Exceptional

	Midterm Score	Midterm Comments	Final Score	Final Comments
Goal 1				
Goal 2				
Goal 3				
Goal 4				
Goal 5				
Overall Progress				



Curriculum

IS Core:

FY100 - First Year Experience

LS100 - Leadership for Sustainable Communities

LS200 - Effective Communication in a Diverse
World



SJC Core & Concentration & Internships

Sustainability of Knowledge

Theological & Religious Inquiry; Philosophical Inquiry; Quantitative Reasoning; Written Communication; Human Foundations & Multicultural Inquiry; Inquiry into the Natural World; Inquiry into Society

Sustainability of Communities & the Planet

Literacy in Environmental Science;
History/Civic Literacy for Effective Leadership;
Leadership and Building JEDI

Sustainability of Self & Professional Development

Met by way of Internships

4 classes in Student's concentration area (6 in 4 yr program)

3 semesters Internships (6-7 for 4 yr program)

Peer Partners

- SJC Students, yr 2 & up
- 5-10 hours/week
- Leaders
- DSP Training
- Academic, Social, Employment
- Meet weekly with me/ongoing trainings



Awareness on Campus

- JEDI
- Town Halls (Faculty, Staff, Student Leaders)
- “Table Tops” for Awareness Days, Months
- Disability Pride Month
- Demystifying Disability by Emily Ladau - give away/campus book read
- Monthly newsletter
- Trainings



Meet our Integrated Studies Team



Jen Greslick
Program Manager,
Integrated Studies



Shanna Webster
Associate Dean, Student Success
and Transformative Experiences



Carly Jordan
Graduate Assistant, ACE
and Integrated Studies



Holly Sanborn
Manager, Student Accessibility
Services



Dale Brooker
Associate Dean, Academic
Initiatives & Innovation, Integrated
Studies Academic Advisor