Maine Transition Age Youth Roadmap Development

Teresa Barrows 10/19/2020



Background

- In 2018, Public Consulting Group (PCG) in collaboration with Children's Behavioral Health Services conducted a system of care assessment
- Information was gathered through public forums from parents, providers and internal DHHS staff
- The results indicated that the transition between children's behavioral health services and the adult system uncovered several gaps, limitations, that the system needed to be strengthened

System Gap Identified

During the PCG assessment the following was discovered:

- Families and other Stakeholders noted that the transition between children's behavioral health services and the adult system could be strengthened.
- Families described that when their child was approaching adulthood they didn't know where to turn for information on preparing for transition or how to navigate services in a new delivery system.
- This sometimes results in young adults "falling through the cracks".

Purpose

To obtain feedback from our Stakeholders as we start the development of the roadmap to Improve Coordination for Youth Transitioning to Adulthood.

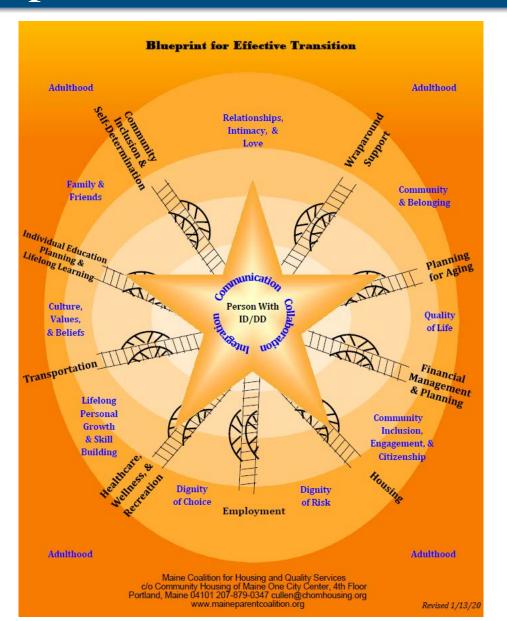
Who Are We Talking About?

Youth between the ages of 16-21, who might be receiving or in need of behavioral health services or support.

Roadmap Strategies

- Person Centered Planning will be incorporating Blueprint for Effective Transition
- Facilitate integration of all State departments who serve transition aged youth
- Simplify and streamline transition referral/access process
- Explore the availability of resources for youth who don't qualify for adult services
- Partner with adult serving systems to improve accessibility to adult services
- Create a business process to engage in data driven decision making with transition age youth
- Education
- Employment
- Communication Plan

Blueprint for Effective Transition



Will You Partner With Us?

- How can you help us improve the system?
- To partner with us, we have come up with a few guiding questions:
 - O What would have been helpful to you and your youth as you were thinking about transition?
 - o If you were to change one thing in the system in regards to transition what would it be?
 - o Did you children's case manager know what to do to help you transition?
 - o Did you have all the information needed?
 - Was your school helpful in the process of transition?

Your Suggestions. Your Ideas. Your Thoughts. Your Questions.

Brainstorming Session

- Your Suggestions
- Your Ideas
- Your Thoughts
- Your Questions

Next Steps

- Integrate your feedback into our existing roadmap strategies
- Continue collaboration with other Stakeholders
- Provide updates to this group in six months
- Other suggestions?

We Appreciate Your Time And Your Input

Contact us at <u>Amanda.Hodgkins@maine.gov</u> for any additional thoughts, comments or suggestions.

