

Community Relationships / Natural Supports
Margaret Cardoza and Tyler Ingalls
45-50 minute presentation

DHHS definition: Natural Supports are the people associated with the setting of the participant. They include unpaid relationships with family members, friends, co-workers, neighbors and acquaintances and are of a reciprocal nature. Such supports promote valued roles within one's community and maximize opportunities for independence and self-sufficiency.

In the PCP Form: MAINECARE SERVICE DESCRIPTION
COMMUNITY SUPPORTS INSTRUCTIONS
C14 Building Unpaid Relationships

Margaret: (20 minutes)

Margaret shares briefly her story with the nasty R word and how she directed her agency staff to help acquire relationships within her community.

<https://www.facebook.com/MooseTellers/>

<https://www.toastmasters.org/>

Tyler: (20 minutes)

Tyler shares his experience of inclusion in a club.

<Http://www.notsojollyrogers.com/>

<http://mainerollerderby.com/>

Audience comments, questions and answers (10 mins)