

OLMSTEAD REPORT

NICOLE ROONEY
MGR. SPECIAL PROJECTS

JULY 11, 2016



Paul R. LePage, Governor

*Aging and Disability
Services*

*An Office of the
Department of Health and Human Services*

Mary C. Mayhew, Commissioner

WHAT IS *OLMSTEAD*?

- 1999 Supreme Court decision
- States must provide services to individuals in the most integrated settings appropriate to their needs
- Values of integration and inclusion

WHY IS *OLMSTEAD* IMPORTANT?

- The Supreme Court decision has directed the evolution of services for persons with disabilities throughout the U.S. since 1999
- It has guided the Centers for Medicare & Medicaid Services (CMS) of the federal government in supplying funds to the states
- The federal Department of Justice has required many states to implement it.

2003 OLMSTEAD

Maine formed a collaborative workgroup to define the state's response to the Olmstead decision, and in 2003 published a roadmap outlining recommendations for long term services and supports (LTSS) in nine areas.

RECOMMENDATIONS OF 2003

1. Voice and self-advocacy
2. Control over services and supports
3. Person-centered
4. No wrong door
5. Coherent IT systems
6. Responsive service coordination
7. Waiting list
8. Funding and planning
9. Direct care providers
10. Quality of services
11. Transportation
12. Housing
13. Jobs

MAINE'S COMMITMENT TO OLMSTEAD

- In 2013, The Department updated its response to the Olmstead decision for the individuals with intellectual disabilities or autism.
- In 2014 Maine decided to expand its Olmstead report to include the following populations:
 - Aging
 - Physically Disabled
 - Children
 - Brain Injury
 - Other Related Conditions; and
 - Mental Health Services.

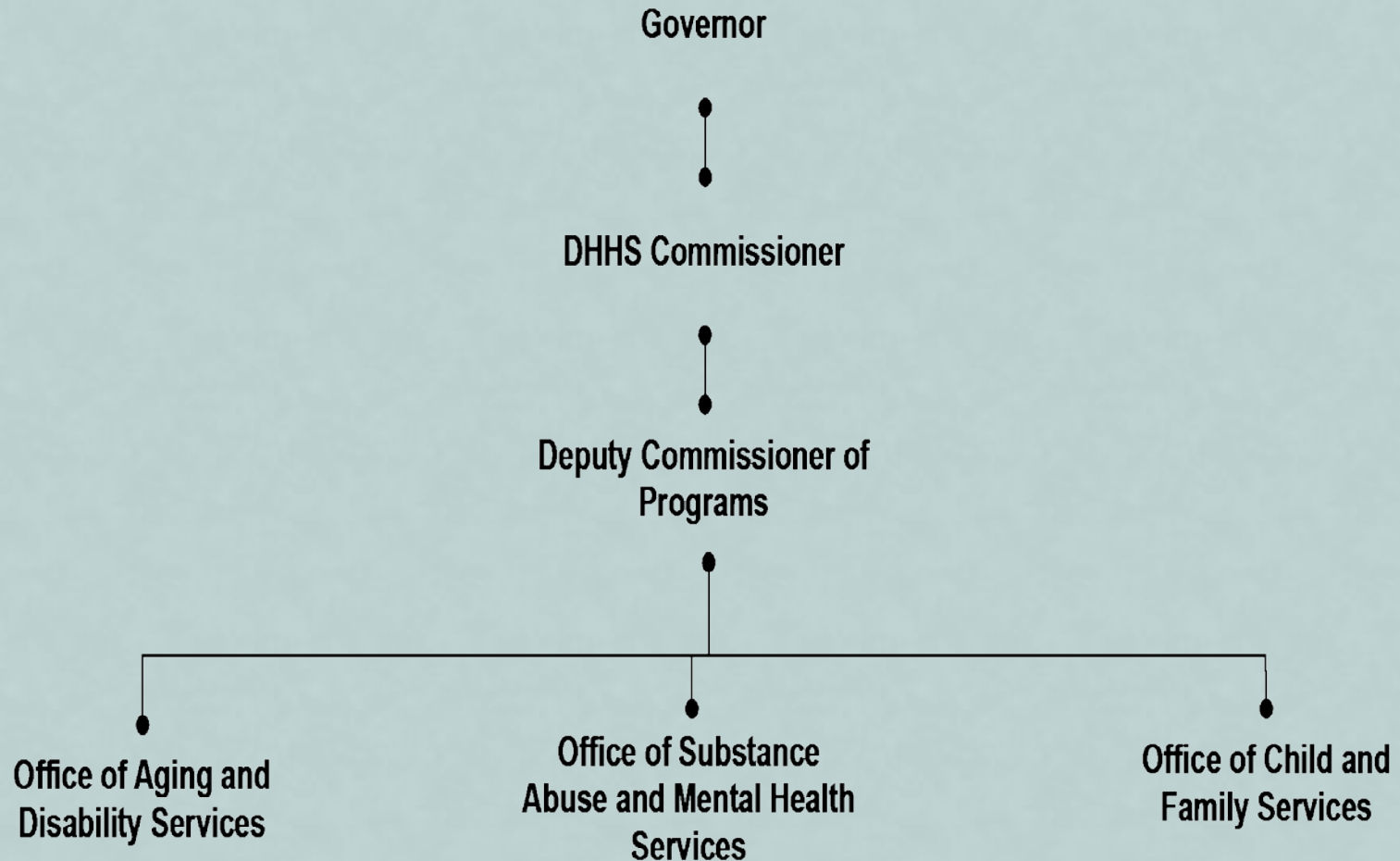
MAINE'S 2014-2016 OLMSTEAD UPDATE

- The awarded bidder will be required to make updates to the previous 2003 and 2013 Roadmap to Olmstead documents including the following:
 - Deliverable 1: document project accomplishments, Department restructuring, job titles, and new staff members; and
 - Deliverable 2: develop and submit to the Department an evaluation accountability template that identifies core project objectives, strategies used to meet the objectives, performance measures and targets that will be used to monitor project performance and the allocation of project costs across objectives.

MAINE'S 2014-2016 OLMSTEAD UPDATE

The project required stakeholder engagement and workgroups to update, develop and guide the Departments approach to serving the people of Maine as it relates to the Olmstead decision for all populations served.

PROJECT SPONSORS



2014-2015 OLMSTEAD PROJECT DELIVERABLE 1 APPROACH

Conduct kick off meeting	Bloom Consulting met with DHHS representatives from OADS, OCFS, SAMHS, and the Office of Continuous Quality Improvement to define project scope and objectives.
Conduct key informant interviews	Researchers conducted key informant interviews with 36 stakeholders in DHHS and other organizations associated with the Olmstead objectives. Interviewees discussed long term services and supports, what is working well, accomplishments since the 2003 roadmap was published, outstanding needs, and the reason for these gaps. Insights from interviewees are included throughout the analysis. Appendix C contains the list of interviewees.
Conduct survey	A survey was used to collect information on long term services and supports from a broad array of stakeholders including participants, family members, providers, advocates, and other interested parties. We received 368 responses. Analysis of results is included throughout the assessment.

2014-2015 OLMSTEAD PROJECT DELIVERABLE 1 APPROACH

Examine administrative data	DHHS and other organizations provided administrative data to understand issues impacting Maine's long term services and supports. Data included information related to program caseloads, funding, strengths, and gaps.
Review secondary data	Secondary data sources included a multitude of background information from federal and state government agencies as well as research organizations with data on long term services and supports. A full list of these sources is included in Appendix D.
Review contextual data	Researchers reviewed and incorporated information from similar projects conducted nationally to assist in the analysis of issues and trends.
Define accomplishments	Bloom Consulting analyzed data gathered through all of the previous steps to identify strengths of Maine's long term services and supports.
Define opportunities	Researchers also identified opportunities for improvement. These opportunities are defined in terms of the gap between how systems currently operate and the vision outlined in the 2003 Olmstead roadmap.

2014-2015 OLMSTEAD PROJECT DELIVERABLE 2 APPROACH

- In addition to the progress report, Maine's DHHS held 7 statewide planning sessions in June and August 2015.
- Attendee's included participants, peers, family members, providers, advocates, policy makers, funders, researchers and state staff.
- Planning sessions were conducted using a consensus based workgroup approach to arrive at draft goals, objective and strategies at all 7 sites.
- The information from each planning session was then synthesized into one planning document using the same consensus based approach.

2014-2015 OLMSTEAD PROJECT GOALS

Maine will continue to implement Olmstead values of meaningful community integration through five goals over the next ten years are:

UPDATED *OLMSTEAD* ROADMAP

1. Support individual choice so individuals can effectively make decisions about issues that are important to them
 - Further develop the system of choice to meet individual needs
 - Expand person-first, individual-driven treatment/care plans

UPDATED *OLMSTEAD* ROADMAP

2. Improve systems coordination to improve delivery and management of long term services and supports
 - Improve statewide access to information and resources
 - Support seamless transitions
 - Continue to expand conflict resolution
 - Improve and integrate information technology systems

UPDATED *OLMSTEAD* ROADMAP

3. Improve community integration so individuals are able to meaningfully participate in community life
 - Develop and enhance natural supports
 - Increase community-based housing options
 - Increase vocational and employment opportunities
 - Improve statewide transportation services

UPDATED *OLMSTEAD* ROADMAP

4. Create efficient and effective policies and regulations to manage the implementation of long term services and support and achieve intended outcomes
 - Support access to and capacity of innovative services and supports
 - Support value-based services
 - Address unique needs of people in remote areas

UPDATED *OLMSTEAD* ROADMAP

5. Promote continuous quality improvement to ensure high quality long term services and supports and the prudent use of public funds
 - Increase preventative and evidence-based/informed community services
 - Invest in workforce development
 - Increase and improve regulatory and quality review

2014-2015 OLMSTEAD PROJECT NEXT STEPS AND BEYOND

- DHHS will seek public comment to its Olmstead Plan in early 2016
 - Public hearings to be held in three locations of the State with adoption of the plan expected March 2016.
- Maine DHHS will retain Bloom Consulting on contract to provide Technical Assistance as Olmstead Subject Matter Expert
- Over the next two years, Bloom will maintain Maine's Olmstead Plan by making quarterly updates or as needed.

QUESTIONS?

Nicole Rooney

Maine DHHS

Mgr. Special Projects

nicole.rooney@maine.gov

207.287.9221