

Transitioning to Adult Developmental Services: A Guide for Schools

In the state of Maine, every student that receives Special Education Services has the right to Transition Services beginning no later than 9th grade or by their 16th birthday, whichever happens first.

Eligible students (18 and over) would receive services through the Office of Aging and Disability Services (OADS).

What services are available through OADS?

Adult Developmental Services can include:

- Developmental Services Eligibility
- Case Management

Services that can be applied for after eligibility is established include:

- Community Supports
- Work Supports
- Home Supports
- Career Planning
- Assistive Technology

Who to refer to OADS for adult services?

Eligibility is based on an IQ of approximate 70 or below and/or an Autism Spectrum Disorder. An Adaptive Measure of “2 standard deviations below the mean for normal aged peers” is also required.

With parental permission, schools can refer:

- Students diagnosed with an intellectual disability,
- And/or students who are diagnosed with an Autism Spectrum Disorder.

Please see attached Eligibility Criteria for more information.

How to make a referral to OADS?

- Call: (207) 474-4923 (Kennebec, Somerset)
- Call: (207) 596-4315 (Lincoln, Knox, Waldo, Sagadahoc)
- Call: (207) 778-8427 (Franklin)
- Call: (207) 744-1218 (Oxford)
- Call: (207) 753-9116 (Androscoggin)
- Call: (207) 822-2351 (Cumberland)
- Call: (207) 822-2249 (York)
- Call: (207) 561-4380 (Penobscot, Piscataquis, Hancock and Washington)
- Call: (207) 532-5033 (Aroostook)

Ask for: Developmental Services Intake Coordinator

The referral should be made on the student's 17th birthday or soon thereafter.

A release must be signed by a legal guardian before a referral can be made.

Please see attached DHHS Release of Information form.

What types of assessments are needed when applying for adult services?

- Comprehensive psychological evaluation including: IQ testing, adaptive measure testing and diagnosis/diagnoses (completed by a licensed PhD or PsyD psychologist).
- For individuals referred for Autism Spectrum Disorder, it's helpful to include Autism rating scales.

Please see attached Eligibility Criteria for accepted evaluations.