

## **ME Virtual Three-Part Presentation for Community Support**

### **Genni Sasnett, SME**

The Office of Aging and Disability Services is offering FREE virtual trainings for Community Support Providers as they align their services to the Home and Community Based Services (HCBS) Rule and new proposed Section 20, 21 and 29 Waiver definitions for Community Support.

### **Part 1: Be the Change You Want to See**

March 10<sup>th</sup> 9:00 am to 10:30 am or March 11<sup>th</sup> 2:00 pm to 3:30 pm

We are fully engaged in the Civil Rights movement for people with disabilities right now! The Americans with Disabilities Act is 31 years old, yet we have not made the progress we hoped for toward community integrated employment and full community inclusion for people with disabilities. But legislation is just one part of the acquisition of civil rights. The cultural aspects of change are equally important and much harder to achieve. There is more to do, and we all have a role to play. Ms. Sasnett will send you home with your head full of ideas and your heart bursting with pride about the invaluable work you do.

1.5 hr. session targeted to all staff of Community Support, Supervisors and Program Managers, choose the time that works for you.

[Registration Link](#)

### **Part 2: Provider Agency Transformation**

March 17<sup>th</sup> 9 am to 11 am or March 18<sup>th</sup> 2:00 pm to 4:00 pm

This session will take participants on a journey of transformation from traditional facility-based services to fully community-based employment, pre-employment and community engagement supports. Ms. Sasnett will share the rationale for change and her experience as a leader at a large, multi-state agency that experienced transformation to 100% community-based services. She will discuss what constitutes quality community-based support while describing key steps in the change process she experienced and has observed work successfully in many organizations across the country. Participants will leave the session with tools to assess their agency's current positioning for change, knowledge of critical areas that must be addressed in the change process and a preliminary planning template.

2 hr. session targeted to senior and mid-management staff of Community Support Programs

[Registration Link](#)

## Part 3:

### Community-Based Support as a Pathway to Employment and Full Community Engagement

March 23<sup>rd</sup> 9:00 am to 11:00 am or March 24<sup>th</sup> 2:00 pm to 4:00 pm

Meaningful community engagement is key to employment success and the development of interests and relationships for people with disabilities. Often, we are in the community supporting people, yet miss opportunities to teach critical skills in natural environments around us where they are best learned. This session will focus on preparing staff to identify these opportunities and use them. Ms. Sasnett will provide strategies for developing sound community-based supports that can help people on a pathway to employment identify work they may prefer and develop both the hard and soft skills necessary to be successful in that work. She will share tips for collecting important data during engagement in community-based activities as part of an effective employment assessment. Ms. Sasnett will also offer strategies and ideas to support people not currently on the employment path or those who work part-time identify new interests, develop those they may already have more fully and develop meaningful relationships with non-disabled peers.

2 hr. session targeted to all staff with emphasis on DSPs and Community Support Supervisors.

[Registration Link](#)

For More Information on Connecting people to Communities, Informed Choice, HCBS and more:

[Community Involvement Information](#) at the OADS website

[What We Mean by Inclusion](#) Institute for Community Inclusion at U Mass Boston Resource

[Inclusion Press](#) Resources, Store and Information about Inclusion

[HCBS OADS Trainings and Resources](#) at the OADS website

For Questions: [OADS@Maine.gov](mailto:OADS@Maine.gov) and put into subject Line CS Trainings Question