



Improving Transition from Child to Adult Services for Individuals with Intellectual and Developmental Disabilities

Maine Coalition for Housing and Quality Services Meeting

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AGENDA

Background of the Challenge

Current State

Proposed 9817 ARP Project

Goals and Key Performance Indicators

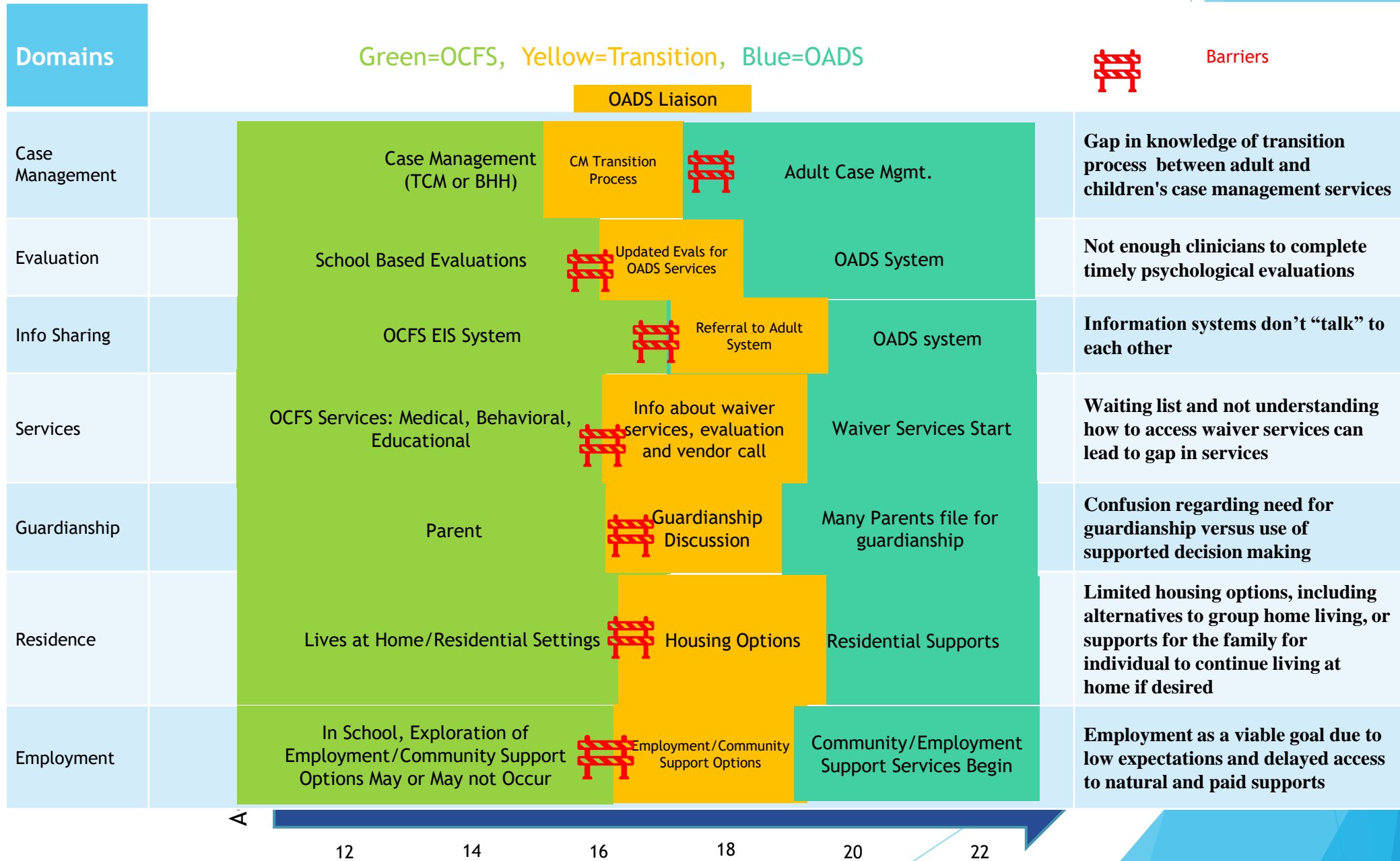
Proposed Timeline

Feedback - Questions?

Background

- ▶ Assessment of Maine's Children's Behavioral Health System (CBHS) in 2018 and resultant OCFS Plan and 13 Priority Strategies
- ▶ Maine Children's Cabinet Recommendations
- ▶ The Maine Coalition's [Blueprint for Effective Transition](#)
- ▶ Stakeholder Feedback and OADS Reform Plan
- ▶ LD 924 - Task Force (Led by Dept. of Education)
- ▶ Internal OADS/OCFS Work Group

Current State



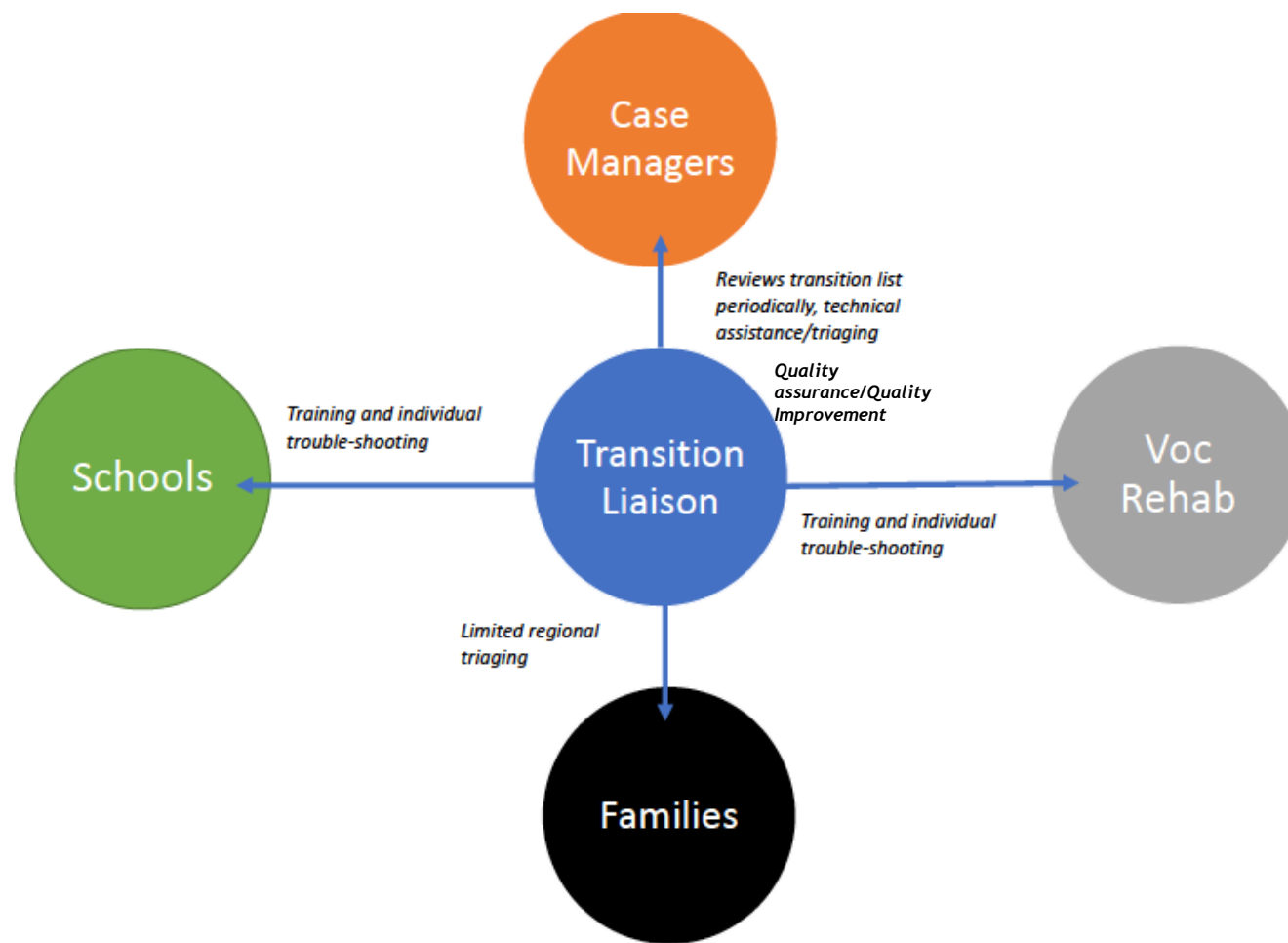
Goals for Project

- ▶ Streamlined and clear application process for MaineCare services and waiver programs, for which individuals may be eligible
- ▶ Reduced wait times for services/case management between the two systems
- ▶ Improved youth and family/caregiver satisfaction
- ▶ Connecting youth to long-term employment and housing opportunities to maximize independence
- ▶ Ensuring access to supports in the least restrictive and costly setting
- ▶ Reducing potentially preventable hospitalizations and other service utilization that may result from gaps in care
- ▶ More informed stakeholders including schools, families/caregivers, vocational rehab and others
- ▶ Consistency among TCM/BHH providers in serving transition aged youth
- ▶ A clear path to implementing a life-span waiver, which includes a timeline, services to be included and the process for rolling it out.

Proposed Initiative Using 9817 ARP Funds

- ▶ Provision of supports by hiring four transition liaisons to assist with the following:
 - ▶ Quality Assurance and Quality Improvement Oversight and Support to TCM/BHH
 - ▶ Identify Transition-Age Cohorts
 - ▶ Transition Case Management Support and Implementation
 - ▶ Triageing Cases where Family Members Act as Case Managers
 - ▶ Facilitate Access to State Systems to Ease Application Process
 - ▶ Training and Education in the Regions
 - ▶ Systems Level Reporting and Monitoring
- ▶ OMS Policy and Waiver Support
 - ▶ OMS resource to Assist with developing and implementing Life Span Waiver
 - ▶ Consultant to provide support to OMS, OCFCS and OADS to develop road map to implementing Life Span Waiver in Maine

Transition Liaison Framework



Key Performance Measures

To assess the ongoing efficacy of the initiative and ensure continuous quality improvement, DHHS will develop a set of key performance indicators, reviewed quarterly in the first year and then annually thereafter to continue to refine this initiative to meet goals. KPIs could include areas such as:

- ▶ Size of the transition population
- ▶ Number of applications to OADS services
- ▶ Average wait times/waitlists for services
- ▶ Access to employment/Community Support services

- ▶ OADS and OCFS have worked together to develop a more coordinated process to include DOE and DOL which will assist with smoother transitions between the two offices. This process includes the following:
 - ▶ Initiating Quarterly, Statewide meetings between OADS Intake Workers and their supervisors, CBHS Program Coordinators, Targeted Case Management Supervisors, and Child Welfare Transition Workers to discuss updates, review of challenging cases, and training needs, etc.
 - ▶ Twice a year, CBHS, OADS, DOE and DOL will offer joint Zoom webinars to be open to all stakeholders to share transition focused updates from each regarding opportunities and connections to resources for providers and families and individuals receiving services
 - ▶ OCFS Information Systems Analyst will send monthly reports using MaineCare ID to OADS, CBHS, Behavioral Health Homes and Targeted Case Management Services Providers of all youth ages sixteen and older with an intellectual disability, autism or developmental disability
 - ▶ OCFS and OADS have been developing a robust inclusive Resource Guide with the goal of having it posted on DHHS' website and available to families, individuals, providers, other offices, etc., to help with transition from child to adult services for all individuals with disabilities

Proposed Additional System Supports to Improve Transition Process

Timeline

Phase	Time Frame	Key Activities/Decisions
Initiate Process Improvements	Spring 2022	<ul style="list-style-type: none">• Implement joint standard operating procedure (SOP) across OADS and OCFS staff (disseminate and train)• Develop and submit 9817 ARP project proposal• Ongoing stakeholder Feedback and Updates
Develop Systemic Reform Plan	Summer 2022 - Winter 2023	<ul style="list-style-type: none">• Determine age eligibility and services for Lifespan Waiver• Determine rule and waiver changes needed• Assess role of Project Liaison Staff to inform key staff roles• Develop communication plan which includes stakeholder consultation• Determine ongoing funding mechanism for liaisons
Enact and Implement Reforms	Winter 2023 - Summer 2024	<ul style="list-style-type: none">• Implement reforms during SFY 2024• Person-centered planning across ages• Capacity and Service Improvements<ul style="list-style-type: none">• Family as caregivers• Improving understanding of philosophies between systems e.g. informed decision-making (parents, providers)• Engage family stakeholder groups to help with communication• Consider further recommendations from LD 924 Task Force

Next Steps

- ▶ Submit 9817 FMAP Project for approval by CMS
- ▶ Pending CMS approval, hire and train Project Manager and Liaisons
- ▶ Implement and Train on Updated Transition Process between OADS and OCFS
- ▶ Complete and Develop Platform for Transition Resource Guide
- ▶ Continue Engagement with LD 924 Task Force
- ▶ Seek Ongoing Stakeholder Feedback

QUESTIONS/FEEDBACK/DISCUSSION